

## WHY WE CARE:

The Interfaith Mental Health Coalition (IMHC) of Greater Indianapolis recognizes:

- One in five adults will experience a diagnosable mental health disorder in any given year.
- Fifty percent of youth have considered suicide by age fifteen; seventy five percent by age twenty-four.
- Suicide is the second leading cause of death among Indiana youth ages 15 - 24.
- Untreated mental illnesses can lead to domestic violence, joblessness, school failure, homelessness, addictions, incarceration & suicide.
- People in distress often turn first to clergy and faith community for support.
- Many clergy want to learn to recognize, help and refer people with serious mental illnesses and addiction issues.



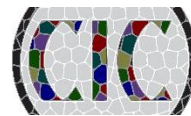
## OUR MISSION:

The IMHC is a collaboration between religious leaders, mental health care providers, community service organizations and government agencies to:

- educate faith community leaders about mental and emotional illnesses and the role of faith in recovery
- provide faith communities with relevant referral information to mental health and community support services
- advocate at the personal and legislative levels for better mental health services
- break the silence about mental illnesses and replace stigma with informed, supportive care

### Contact us:

IMHC-GI  
c/o Center for Interfaith Cooperation (CIC)  
1100 W. 42nd St., Ste. 110  
Indianapolis, IN 46208  
[www.centerforinterfaithcooperation.org/IMHC](http://www.centerforinterfaithcooperation.org/IMHC)  
[IMHC@CenterforInterfaithCooperation.org](mailto:IMHC@CenterforInterfaithCooperation.org)



Center for  
Interfaith  
Cooperation



# INTERFAITH MENTAL HEALTH COALITION of Greater Indianapolis

Connecting Faith Leaders and  
Service Providers to Improve Mental  
Health Education & Resources



## 2017 COALITION MEETINGS:

**Third Wednesdays 12:00 - 1:30** (Lunch available at 11:50)  
Indiana Interchurch Center, 1100 W 42nd St.  
Please RSVP one week prior via  
[www.centerforinterfaithcooperation.org/IMHC](http://www.centerforinterfaithcooperation.org/IMHC)  
Suggested contribution: \$10

### January 18 - Launching the Vision: Building a Stronger Safety Net for Mental Wellness;

Presenter - Testimonials of NAMI (National Alliance on Mental Illness) "life-changing" education and support programs

### February 15 - Advocacy Training

Presenter: Barbara Thompson, NAMI IN  
Learn to advocate for better mental health care at legislative and personal levels.  
SAVE THE DATE: February 23, NAMI State's Meet and Greet Day; State Capital-9:00-1:30  
Join NAMI Indiana's Advocacy Movement:  
[www.namiindiana.org/advocacy/meet-greet](http://www.namiindiana.org/advocacy/meet-greet)

### March 15 - When, Where & How to Refer

Presenter – Kristina Johnson & Rev. Dennis Goff, Lutheran Foundation will introduce a new centralized data base for mental health and community support services which will make referrals easier.

*With Special Guest Rev. Dr. David Hampton, Indpls Deputy Mayor for Neighborhood Engagement*

### April 19 - QPR -Suicide Awareness Training

Presenter: Michael Dunn, Families First, Indiana QPR-Question, Persuade and Refer - is an emergency mental health gatekeeper training intervention that teaches lay and professional gatekeepers to recognize and respond positively to someone exhibiting suicide warning signs and behaviors.

## THIRD WEDNESDAY each MONTH

### May 1 - Mental Health Month; Equipping Congregations for Mental Health Ministry

Presenters: Rev. Dr. Cherry Smith - Umoja Christian Church and Barbara Thompson, NAMI IN

### June 21 -Addictions- The Role of and Resources for Clergy, Family & Friends

Presenters: a panel of family members, recovery specialists, mental health and addiction specialists will distinguish helping from enabling and provide resources.



**Summer 2017** - Resources will be provided for awareness activities during:

- July - Minority Mental Health Month
- September - Suicide Prevention & Recovery Month
- October 1-7 - Mental Illness Awareness Week

**Fall 2017** – Mark Your Calendars!

Third Wednesdays:  
August 16  
September 20  
October 18  
November 15

## MINI-GRANT INCENTIVES:

We encourage each faith community to:

- Assign a contact person who will regularly attend four of six January-June luncheon meetings
- Recruit a mental health task force of 3-4 others within their faith community to assess congregational assets and needs
- By June 1, submit a written assessment/needs report and plans for sponsoring stigma reduction, awareness or educational activities or events during July - December 2017.
- For Mini-grant application and an assessment/needs report go to  
[www.centerforinterfaithcooperation.org/IMHC](http://www.centerforinterfaithcooperation.org/IMHC)

## IMHC STEERING COMMITTEE:

**Tendayi Bwititi - CIC, IRSC AmeriCorps**

**Jim Dilger - Pres. NAMI Indianapolis, Eskanazi Health**

**Michael Dunn - Families First**

**Fr. Michael Hoyt - St. Michael the Archangel Parish**

**Ben Leslie-CIC Program Director, AmeriCorps**

**Linda McClain - Gallahue Behavioral Health**

**Rev. Dr. Cherry Smith - Umoja Christian Church**

**Rev. Chiew Teo - Community Health Network - Faith Health Initiative, IRSC AmeriCorps**

**Charlie Wiles - Center for Interfaith Cooperation**

**Carole Wills - NAMI FaithNet**