

**Escuela Bíblica de Vacaciones – Vacation Bible School**  
**Recreation**

Each station will play for 5 minutes and then rotate to the next station.

The last 5 minutes the group will join together for snack.

Please have the kids pray before eating saying, “Thank you Lord for the food. Amen”

Helpful hint when running relays – Once the team is finished they need to sit down on the ground, to see which team completes the task first. Winning is not that important, but it is fun to encourage the teams to compete against each other and see who finishes first.

For the younger children, you may have to simplify the games. If the younger children are having difficulty with the games, you may want to have them draw with sidewalk chalk, bubbles, form a circle and call out animals to walk or act like, or a parachute.

**Monday - Moses: People of Faith listen to God (Obedience)**

Items needed: Pencils (baton race) with yellow and red streamers taped to the ends or you could use long strips of yellow and red scrap fabric or felt, sidewalk chalk or regular chalk, soccer ball or any ball and solid colored shirts or cones to use for boundary markers

**Station 1: God (Simon) says Game** – As people of faith, we are called to listen to God and obey his will. Pick out a leader to call out the commands. The leader will say God says, “Put your hands on your hips”. God says, “Put your finger in your ear”. The leader will continue to call out these commands and the children will continue to follow as long as the leader says, God says. If the leader does not say God says and the children do the command, then they are out of the game. The goal is not get out of the game and to be the last one left!

**Station 2: Game 1 – Baton Relay** (Baton will have red/orange streamers on both ends to represent the burning bush) The group needs to divide up into two teams. They will then line up beside each other, leaving 6-8 feet between them. Then each member of the team will spread out evenly, so that they can run and pass the burning bush baton off to one another. The team that crosses the finish line first is the winner. **Game 2 – A Twist on Rock/Paper/Scissors** – Divide the group into two equal teams. The teams need to line up facing each other. There is an adult that stands in the middle. One person from each team meets in the middle with the adult and plays rock/paper/scissors; whoever wins must run and catch the loser before they return back to the line of team players. If the loser is tagged, they must join the winner’s team.

**Station 3: Line Soccer** – Divide children into equal teams and have them line up on two parallel lines facing each other. (Use chalk to make lines) Count off members of each team as you would for steal the bacon. (Each team has someone who is a one, two, three, etc.) Place a soccer ball in the center and call a number. The students whose number you called come out and try to score a goal by kicking the ball past the opposite team. All children left on the lines are goalies and can use hands and feet to stop the ball, but must stay on the line. Those who are trying to score must play regular soccer rules (no hands, etc.) Balls kicked over the heads of the “goalies” that are out of reach don’t count (judgment call of the ref. is final) and cones (or sweatshirts) set up on the four corners mark out of bounds. After they get the hang of it call more than one number at a time, or call all numbers or play with more than one ball.

## **Tuesday - David: People of faith are courageous (Trust)**

Items needed: 2 rocks, 2 large spoons, 2 huge burlap bags or pillow cases (these will get dirty), 4 buckets (these will need to be large enough for the largest foot to fit in and 2 of the buckets need to be filled with water), 4 plastic cups, yarn or string and balloons filled with water

**Station 1: Game 1 - Spoon/Rock Relay** Just like David had to trust God and have courage to slay Goliath with the rock, you also will have to try your skill with a rock in this game! Divide the group into two teams. Have each team line up next to each other. Each team receives a spoon and a rock and each player takes turns carrying the rock with the spoon down to a designated spot and returning. The next player will do the same until the entire team has participated. The goal is not to drop the rock! If the team drops the rock, the player needs to pick it up and place it back on the spoon and continue the race.

**Game 2 – Sack Race** Divide the group into two teams and line up side by side. Each team player will have to hop down inside the sack to a designated spot and hop or run back. Then the next player will go until all have participated.

**Station 2: David and Goliath** (Cat and mouse – have one person be the mouse/David, one person be the cat/Goliath and the rest of the team forms a line holding hands, the object of the game is the line of people will not break to allow Goliath to get to David.

### **Station 3: Water Balloons/Games**

Game 1 - Set up two teams, four buckets (two filled with water) and two plastic cups. To play, one member of each team stands with one foot inside a bucket with a string tied just above his or her ankle. At the signal, the teams have to fill their cups and then run to the player, who is standing in the bucket, where the water is dumped around the players' feet. The first team to get the water level above the line on one player's ankle wins.

Game 2 – Drop kick the water balloons. Set up two teams and line them up side by side, but make sure they are 6 feet or so apart. This is best if played on dirt or concrete. Each player will take a water balloon and try and kick it as far as they can. The broken balloon will mark the spot it breaks in, if played on dirt or concrete. If playing in the grass, there will need to be a way to mark where each balloon lands. The team, who kicks the balloon the farthest, is the winner.

## **Wednesday - Ruth: People of Faith make up a big family (Love)**

Items needed: chairs, balloons (blown up), and two bed sheets (these will get dirty)

**Station 1: Postman Game** “One person is standing and the rest are sitting in a circle of chairs. The postman, who is the person standing, says, “The postman came today and had packages for everyone who is wearing a red shirt, glasses, blue pants, sneakers, etc. and whoever is wearing the item has to get up and move to an empty chair. There should be one person left standing and they become the new postman.

**Station 2: Game 1 - Balloon pop relay** – form two teams and line up. Each team member gets a balloon and runs down to the chair and sits on the balloon until it pops. This person runs back to the line of team members and this continues until everyone has participated. The group, who finishes first, is the winner. **Game 2 – Wrap and Run** – Divide your group into two equal teams. Give each team an equal size bed sheet. Tell

each team that they must choose someone who they think is the lightest in their team and that person must lie down on the sheet. Each team member must carry the person wrapped in the sheet and no one can put him/her that is in the sheet on his shoulders or back.

**Station 3: What Are We? Game** – Break up the group into 2 teams. Have them assemble together. The judge or judges have to stand on a chair. You call out an object and each group has to make that shape of the object using their bodies (as seen from above). The judge decides whose shape looks the most realistic and awards a point. You can play 5-6 times and see who scores the highest. Some examples of shapes: heart, stop sign, chair, cross, tree, dog, person, pair of sunglasses, etc.

#### **Thursday - Mary and Martha: People of Faith work for God (Service)**

Items needed: Acts of service written on cards or paper (see Station 1), tape/CD player and music, bag of over sized clothes that can fit everyone in the group, water balloons, volley ball net or a two poles with a rope tied to each pole, 4 buckets (2 bucket filled with water), 2 sponge, water in reserve for cup games, and 2 cups with holes in them

**Station 1: Charades** (use acts of service and have these written on paper or cards – helping a sick person, helping feed the hungry, helping a person with a broken down car, giving a person a ride, helping a blind person, reading to someone who is sick in bed, etc.) As each person or persons act these out, the group is trying to guess what they are doing.

**Station 2: Game 1 – Disciple - Disciple – Jesus** (same as duck – duck – goose) One person in the group is Jesus. The rest of the group will sit in a circle. Jesus will go around the circle touching everyone on the head and saying “Disciple”. If Jesus touches some one and says “Jesus” that person must get up and chase this person, trying to catch them. If they catch them, they can return to their original spot. If they don’t catch them, they are the new Jesus and the game is repeated. **Game 2 – Musical Clothes** – Everyone is seated in a circle on the floor. As music is played, the bag of clothes is handed around quickly without hesitation. When the music is stopped, whoever is holding the bag must put on the item of clothing that they pick out first. This game lasts until the clothes are gone. Whoever has the most articles of clothing on in the end wins.

**Station 3: Water Games – Balloon Toss** — The two teams need to form two lines. The lines will need to face one another and pair up with a partner. Each set of partners will receive one balloon and have 3 ft. between the two of them. They will all start together and toss the balloon to their partner. Once the balloon has been safely tossed each player needs to take a step backwards and then toss again. The partners will continue to toss the balloons and step backwards until their balloon pops. The goal is to have the last unpopped balloon. This can be done a couple of times if there are enough balloons and time remaining. **Water balloon Volleyball** – Divide the group into two teams. Each team gets on one side of the net or rope and begins to toss the ball from team to team over the net/rope. Each team gets 3 balloons. If the team breaks the balloon, they get a new balloon until they are gone. The team with the last balloon is the winner. **Sponge relay** – Divide the group into two teams, kids will need to be in two lines. Each group will have a sponge and 2 buckets; one will be full of water and the other empty. The bucket full of water needs to be down with the line of kids and the other one will need to be placed about 10 ft. in front of the team. The first person will fill up the sponge with water and

run down and squeeze the water out of the sponge into the empty bucket and return back and hand the sponge to the next person, who will repeat. The goal is to see who can fill up or get the water to a certain mark on the bucket. **Water Cup Game** – Divide the group into two teams, kids will need to form two lines. Each group will have a cup with small holes in it and a bucket full of water. The first person will fill the cup with water and pass the cup over the head to the person behind them. The next person will continue to pass the cup on down the line. The goal is to reach the end of the line with water still in the cup. If the cup of water is dropped, that person needs to run and to the front of the line and fill it back up and start where they left off. **Cup Game 2** – The kids stay in their two teams and form two lines. They will need an additional bucket. First person will fill up their cup with water and run down (trying to not spill the water) and dump the remaining water into the bucket. This person returns and hands the cup off to the next person, who repeats, until everyone has participated.

### **Friday - Jesus with the Children: People of Faith trust in God (Faith)**

Items needed: sidewalk chalk or regular chalk, 2-4 blindfolds and very large ball.

**Station 1: Hook up with Jesus Tag** – Someone is selected to be it or “Jesus”. The person who is Jesus will tag people. When a person is tagged, they will join hands with Jesus and they will help Jesus tag people (only the people at the ends of the line can tag, the rest of the kids need to keep holding hands to keep the line together). The game ends when everyone has been tagged and has joined hands. **Knots** – Divide the group into two teams. Each team will stand in a circle. Each member will grab hands with another team player, making sure you do not grab the person, who is next to you. Then try to untangle the knots! You will have to work together as a team and have faith in one another and in God. This will work just be patient and see which team gets untangled first.

**Station 2: Faith Walk** – **As people of faith, we have to have faith in God, who we can not see. God will give us direction in many ways. One way is for God to use other people to point us in the right direction.** Divide the group up with partners. You will need to draw out a course for a person to follow, using the sidewalk chalk (approx. 15-20 ft. – include a couple small curves) One person will be blindfolded and the other person in the pair will be giving the blindfolded person directions on how to follow the course. You will want to remind the blindfolded person that they will have to listen carefully to the directions their partner is giving to them and they will have to have faith in that person...just like we have to have faith in God and listen to the direction God wants us to take! Once they have completed the course and have the partners reverse roles with the blindfold. For the younger children, you will probably need to have the partners hold hands and have the seeing person guide the person on the course.

**Station 3: Game 1 - Feet Ball Pass** – Divide the group into two equal teams. Have each team them lay on the ground in two parallel lines on their backs, side-by-side, squeezed to each other and in front of each other meeting at the feet. They are to form a single file line, side-by side and in front of each other with their feet in the air meeting heel to heel. At the beginning of the line, give them a big ball to pass down the line by using only their feet. (Have the feet to work similar to that of a “gutter” allowing the ball to move down the line.) Have them practice moving the ball to the end of the line and return it back to the beginning of the line. Try to see which team can pass the ball the quickest from the

beginning to the end of their lines. If the girls are in dresses, this game can be played without lying down. Have the teams line up facing each other and have them move the ball over their heads, passing it with their raised arms over their heads.

**Game 2 - Big Ball Volleyball** - Form a big circle and use the ball to pass back and forth, when the child catches the ball they will shout out a book of the Bible. If they catch the ball and they can not respond then they are out of the circle. Game ends when there is one person standing.

**Parachute games:** If a parachute is available, you may want to try these games.

**Big Ball Parachute** – Have the group take the parachute and place a ball on it. Throw the ball up in the air and try and catch it. You can also use water balloons.

**Trading Spaces** – Give everyone in the group a number and have the group hold on to the parachute. Have them raise the parachute high above their head and then someone call out two numbers. The two, whose number was called, will let go of the parachute and trade spaces quickly before the parachute comes down on them. If the parachute comes down and they have not moved, then they are out.